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**Article title** : **EFEKTIVITAS SELF MONITORING DALAM MENINGKATKAN FREKUENSI MEMBACA HARIAN INDIVIDU**

**Authors** : 1. Nida Azkia Akmala  
2. Ghumaida Al Adila  
3. Muhammad Jamaluddin Ma'mun

**Affiliated organization or institution** : **Faculty of Psychology Islamic State University Maulana Malik Ibrahim Malang**

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(Nida Azkia Akmala)